



Find An Art Therapist

The Maryland Art Therapy Association cannot endorse or recommend an individual art therapist or group practice with whom to contract with for services. The list provided below contains the names and information of our active Chapter

members who are in private practice. As with any health and treatment related professional, it is advised that you find the practitioner who best fits your needs.

Please note that there are other art therapists in private practice in the state of Maryland who may not appear on this list because they are not members of our Chapter. You may find these individuals when using search engines or profile listings such as Psychology Today. Please be advised that Psychology Today does not verify if a clinician has art therapy training, but only if they have a state license. Some listings may erroneously advertise the use of Art Therapy without disclosure of adequate training or credentials. If you are unsure of a practitioner's ability to ethically practice art therapy, please view our [About Art Therapy](#) section to be familiar with the education and credential/ licensing standards.

Anne Arundel County

Lauren Bark, MA, LCPAT

Areas of Specialty: Domestic violence, sexual assault, eating disorders, anxiety, depression, children

Insurance: Medical assistance, sliding scale

Office Address: YWCA of Annapolis & Anne Arundel Co. 1517 Ritchie Highway, Suite 201, Arnold, MD 21012

Phone: (410) 626-7800

Email: lbark@ywcaaac.org

Website: <http://www.annapolisywca.org/>

Elizabeth Hlavek, ATR-BC, LCPAT

Areas of Specialty: Eating disorders, body image Adolescents, young adults, adults

Insurance: BCBS, Magellan

Office Address: 1831 Forest Dr, Suite H, Annapolis, MD 21401

Phone: (443) 540-3143

Email: HlavekArtTherapy@gmail.com

Website: <http://www.hlavekarttherapy.com>

Barbara Robertson, M. A. Ed, LCPAT, ATR-BC

Areas of Specialty: child, adolescent, adult therapy for depression, anxiety, PTSD, attachment, bereavement, life transitions

Insurance: Private Pay, Sliding Scale

Office Address: 133 Defense Hwy., Suite 210, Annapolis, MD 21401

Phone: (410) 353-5708

Email: brobertson@arttherapyassociates.com

Website: robertsonarttherapy.com

Baltimore County

Sharon Strouse, MA, ATR-BC, LCPAT

Areas of Specialty: Loss - Grief and Bereavement

Insurance: Private Pay

Office Address: 10709 Pot Spring Road Cockeysville, MD 21030

Phone: (410) 667-9384

Email: Devotion5@hotmail.com subject line: Artful Grief

Website: www.attherefuge.com and www.artfulgrief.com

The Art Therapy Collective of Owings Mills

- **Eena Bass-Feld MA, ATR-BC, CPC, LCPAT**

Area of Specialty: Works with preschoolers, children and adolescents: art and play therapy with trauma victims, anxiety, caregiver issues, DV, parenting and family issues, secondary trauma.

Phone: 410-998-9520

Email: artandeena@verizon.net

- **Bonnie Kauffman, MS, MA, ATR-BC, LCPAT, LCPC**

Area of Specialty: School based Art Therapy/Educational Accommodations, Autism Spectrum Disorder, Mood Disorders, ADHD

Phone: 410-802-4491

Email:

- **Peggy Kolodny MA, ATR-BC, LCPAT**

Area of Specialty: All ages. trauma treatment/ EMDR, sexual abuse issues, mood & anxiety disorders, attachment, parenting & family concerns/ Internal Family Systems Model, children of addictions, eating disorders, caregivers, secondary trauma.

Phone: 410-292-4848

Email: pkolodny@yahoo.com

Insurance: Out of Network/Private Pay

Office Address: 10806 Reisterstown Rd. Suite 1-B Owings Mills, MD 21117

Website: <http://arttherapycollective.vpweb.com/>

Carroll County

Lacy Mucklow, MA, LCPAT, LPAT, ATR-BC, ATCS

Areas of Specialty: Anxiety, Depression, Stress

Insurance: Aetna, BlueCross BlueShield, Carefirst, Magellan, Medicaid, Optum, Self-Pay, United Healthcare, Out of Network

Office Address: The Counseling Renaissance, 7533 Main Street, Suite 1F, Sykesville, MD 21784

Phone: 410-981-9645

Email: art.therapy.renaissance@gmail.com

Website: www.thecounselingrenaissance.com

Frederick County

Emily Mooney, MS, LCPC, LCPAT

Areas of Specialty: Anxiety/mood Disorders, Trauma, Eating Disorders, BPD/traits, Children of Addictions, Ages 8+, Families, Specialty Groups

Insurance: Cigna, Aetna, UnitedHealthCare, BCBS

Office Address: A1005 Motter Ave., Frederick, MD 21701

Phone: 443-684-7794

Email: emilymooneylcpc@gmail.com

Harford County

Erin McConnell, MA, ATR-BC, LCPC, LCPAT

Area of Specialty: Depression, Anxiety, Grief and Loss

Office Address: Enriched Living Therapies, 260 Gateway Drive Suite 3-4 B Bel Air, MD 21014

Phone: (240) 751-6405

Email: erin@enrichedlivingtherapy.com

Website: www.enrichedlivingtherapy.com

Howard County

Amanda Bechtel, MS, ATR-BC, LCPC, LCPAT

Area of Specialty: sandplay therapy, eating disorders, trauma, self esteem, depression and anxiety

Insurance: Carefirst

Office Address: 9413 Fens Hollow, Laurel, MD 20723

Phone: 202-455-5894

Email: amanda@bechtelarttherapy.com

Website: www.bechteltarttherapy.com

Montgomery County/ Washington DC Area

Anna L. Mills, MA, ATR-BC, LCPAT

Areas of Specialty: Works with adolescents, young adults and adults on issues including anxiety, depression, trauma history, body image, life transitions, and coping, loss, sense of purpose, empowerment and spirituality. Uses a whole-person-centered approach (Mind-Body-Spirit), incorporating mindfulness practices such as meditation and guided imagery with art therapy. Other specialties include working with graduate art therapy students,

Insurance: Private Pay

Office Address: Locations available in Montgomery County Maryland. Also offers in-home art therapy and Skype options.

Phone: (410) 371-4690

Email: annahaven@hotmail.com

Website: www.havenhealingart.com

Lauren K. Lambie, MS, MFA, NBCC, LCPC, LCPAT, ATR-BC

Areas of Specialty: Autism Spectrum Disorders, Family therapy, ADHD. Mood/Anxiety Disorders, Social Skills Groups

Insurance: Out-of-Network/Private Pay

Office Address: Pegasus Therapy LLC, 6445 Stream Valley Way Gaithersburg, MD 20882

Phone: (301) 740-8332

Email: llambie@pegasuspsychotherapy.com

Website: www.pegasuspsychotherapy.com

Diana Sabados, MA, LCPC, LCPAT, ATR-BC, ATCS, ACS

Area of Specialty: Anxiety, depression and mood disorders, grief and loss, trauma, adoption, divorce, emotional regulation and social skills. Children, adolescents, adults & families.

Insurance: Out of Network/ Private Pay

Office Address: 10605 Concord Street, Suite 100, Kensington, MD 20895

Phone: 301-861-2248

Email: Diana@mosaictherapyservices.com

Website: www.mosaictherapyservices.com

Roselynn Vanderpool MA, ATR-BC, LCPAT, LCPC, LPC

Area of Specialty: Anxiety and depression, managing life transitions

Insurance: Private Pay, Aetna, Cigna, BlueCross Blue Shield, Maryland Medicaid

Office Address: 6214 Montrose Rd, Rockville, MD 20852

Phone: (443) 840-9036

Email: workofarttherapy@gmail.com

Website: www.workofarttherapy.com

To find additional private practice art therapists in the Washington DC area, please visit our sister chapter, the [Potomac Art Therapy Association](#).

Saint Mary's County

M.B. Hugaard (Maria), ATR-BC, LPC, LCPAT-S, LCPC-S

Areas of Specialty: Cutting and other forms of self-harming. Mindfulness.

Insurance: Self pay only

Office Address: 46922 So. Shangri-La Drive, 2nd Floor, Lexington Park, MD

Mailing Address: P.O. Box 1287, Lexington Park, MD 20653

Phone: 301-863-2888

Talbot County

Jessica H. Bass, LCPC, LCPAT, ATR-BC, NCC

Areas of Specialty: Trauma informed art therapy

Insurance: Most insurances accepted

Office Address: 29520 Canvasback Dr. Easton MD 21601

Phone: 410-822-5007

Email: J.bass@espsmd.com

Rebecca Wilkinson, MA, ATR-BC, LCPAT

Areas of specialty: Co-dependence, addictions, severe mental illness, caretakers of people with severe mental illness and with people with life-threatening illness, end of life, therapists struggling with burnout and compassion fatigue. Adolescents, adults, mature adults.

Insurance: Private pay but can provide Superbill

Phone number: 202 352 5225

Location: Online Telehealth Only

Email: Rebecca@creativewellbeingworkshops.com

Website: www.creativewellbeingworkshops.com